How To Pray The Holy Rosary

The Rosary helps us reflect on the lives of Jesus and Mary, in order to move closer to God and further from sin. Each mystery is called a decade and each set of 5 mysteries is called a chaplet. Each mystery is an event in salvation history. **For each mystery, pray 1 Our Father, 10 Hail Marys, and 1 Glory Be.** Meditate on the mystery while reciting the prayers.

Introductory Prayers:
First, make the Sign of the Cross.
Then pray the Apostles Creed, 1 Our Father, 3 Hail Marys, and 1 Glory Be.

For each mystery:
When praying in a group, announce each mystery by stating the title of the mystery, as follows:

Joyful Mysteries
1. The Annunciation to Mary (Lk 1:26-38)
2. The Visitation of Mary (Lk1:39-56)
3. The Birth of Jesus Christ (Lk 2:1-21)
4. The Presentation in the Temple (Lk 2:22-38)
5. Jesus, Found in the Temple (Lk 2:41-52)

Luminous Mysteries
1. The Baptism of Jesus (Mt 3:13-16)
2. The Wedding at Cana (Jn 2:1-11)
3. The Call to Repentance (Mk 1:14-15)
4. The Transfiguration of Jesus (Mt 17:1-8)
5. The First Eucharist (Mt 26:26-30)

Sorrowful Mysteries
1. The Agony in the Garden (Mt 26:36-56)
2. The Scourging at the Pillar (Mt 27:26)
3. The Crowning with thorns (Mt 27:27-31)
4. The Carrying of the Cross (Mt 27:32)
5. The Crucifixion of our Lord (Mt 27:33-56)

Glorious Mysteries
The Resurrection of our Lord (Jn 20:1-29)
The Ascension of our Lord (Lk 24:36-53)
The Descent of the Holy Spirit (Acts 2:1-41)
The Assumption of Mary into Heaven
The Coronation of Mary

Sometimes additional prayers are said. At the end of each decade, you may say the **O my Jesus** prayer, and at the end of each chaplet, you may say the **Hail Holy Queen**, and the **O God Whose** prayers.

At the end of each prayer, say: **Amen.**

Our Father, who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Glory be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end.

The Apostles Creed: **I believe** in God, the Father almighty, Creator of heaven and earth. **I believe** in Jesus Christ, his only Son, our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day, he rose again. He ascended into Heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. **I believe** in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of thy mercy.

Hail Holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

O God, Whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that, by meditating on these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord.